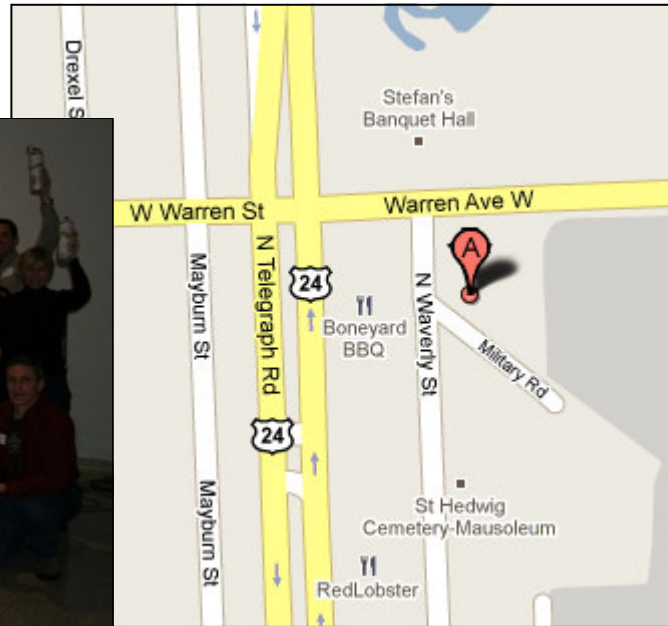


FAST

Annual Club Party

Date: 01/30/2010, Time: 6:30pm-12:00pm

New Location: Carl E Stitt American Legion Hall



Highlights:

- ◆ Meet Jef Mallett, Triathlete, Masters Swimmer and creator of Frazz
- ◆ Seeing your training partners in clothing not made of Lycra.
- ◆ Meet fellow FAST Members and potential training partners.
- ◆ Full meal, with desert and beverages.
- ◆ 2009 Year-in-Review Slideshow.
- ◆ Membership and Annual Club Awards.
- ◆ Door Prize Raffle.
- ◆ Also, Voler sizing kit samples to try on.

Location:

Carl E Stitt American Legion Hall
23850 Military Road
Dearborn Heights, Michigan 48127

For more details: On the Web: www.swimfasttrifast.com or e-mail: kelberme@yahoo.com

| | <u>Cost</u> | <u># of</u> | <u>Total</u> |
|-----------------|-------------|-------------|--------------|
| Adult Members | \$20 | | |
| Adult Guests | \$20 | | |
| Children (5-12) | \$5 | | |
| Children (0- 4) | Free | | |
| Total | | | |

Please RSVP by January 22nd by mail with a check made payable to "FAST" sent to Melissa Kelber, 10855 Nadine Ave., Huntington Woods, MI 48070.